

### Rationale:

To provide students, staff and parents/carers of Malvern Central School (The School) with better sun-protection knowledge and behaviours.

### Aims:

The School aims to:

- increase student and community awareness of skin cancer risks and other damage caused by UV radiation.
- encourage the entire school community to use a combination of sun protection measures.

### Implementation:

To assist with the implementation of this policy, staff and students are encouraged to access the daily local sun protection times via the SunSmart widget on the school's website, the free SunSmart app or at [sunsmart.com.au](http://sunsmart.com.au),

- The sun protection measures listed below are used for all outdoor activities **during the daily local sun protection times** (issued whenever UV levels are 3 and above), typically from 1<sup>st</sup> September to the end of April in Victoria.
1. The role of **students** is to:
    - 1.1. wear either a navy bucket hat/slouch hat/broad brimmed hat which protects the face, neck and ears from the beginning of September to the end of April whenever they are outside.
    - 1.2. apply their own SPF 30 (or higher) broad spectrum, water resistant sunscreen before going outdoors (reapplying after a 2-hour period or more often when sweating). The school will have extra supplies of SPF 30 (or higher) sunscreen for student use.
    - 1.3. Strategies are in place to remind students to apply sunscreen before going outdoors (e.g. reminder notices, sunscreen monitors, sunscreen buddies).
  2. Students without a navy bucket hat/slouch hat/broad brimmed hat or sun protective clothing will be restricted to play in designated shaded areas and enforced by the duty teachers.
  3. Students are encouraged to use available areas of shade for outdoor activities during the sun protection times
  4. The role of **parents/carers** is to:
    - 4.1. be sun smart role models; actively adhering to wearing appropriate hats and clothing when outdoors.
    - 4.2. encourage their children to be SunSmart, supporting Malvern Central School's implementation of SunSmart practices by ensuring they acquire the designated hat types and supplying the SPF 30 (or higher) broad spectrum sunscreen.
  5. The role of **staff** is to:
    - 5.1. be SunSmart role models; actively adhering to wearing a bucket hat/slouch hat/broad brimmed hat when outdoors.
    - 5.2. consider the availability of shade when planning excursions and all other outdoor activities.
    - 5.3. encourage the use of available areas of shade when outside during the sun protection times
    - 5.4. include programs on skin cancer prevention and vitamin D in the curriculum for all students.
    - 5.5. Use assemblies to remind students about being SunSmart.

6. Staff are encouraged to apply their SPF 30 (or higher) broad spectrum sunscreen before going outdoors. The school will supply SPF 30 (or higher) broad spectrum, water resistant sunscreen for teacher use.
7. The role of the **school** is to:
  - 7.1. promote SunSmart practices described in the SunSmart policy which is placed on the Malvern Central School website.
  - 7.2. Include sun protective clothing in our school uniform / dress code and sports uniform. School clothing is cool, loose-fitting and made of densely woven fabric. It includes shirts with collars and elbow-length sleeves, longer style dresses and shorts and rash vests or t-shirts for outdoor swimming.
  - 7.3. include the SunSmart widget on the school's website, indicating the daily sun protection times.
  - 7.4. prominently display SunSmart signs throughout the school.

#### Resources:

- DEECD School Policy & Advisory Guide  
Retrieved 22 July 2016, from  
<http://www.education.vic.gov.au/school/principals/spag/health/Pages/sun.aspx>

#### Evaluation:

This policy will be reviewed as part of the school's three-year review cycle.

- Review Date: 2019

This policy was last ratified by School Council in: ***August 2016***